

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Girls 100 Meter Dash Sub Gremlin**

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Sarah Parsons	Los Angeles Falcons		22.35	
2 Ru Hightower-Rojas	Los Angeles Falcons		25.02	
3 Raina Yang	Los Angeles Falcons		25.28	

Girls 200 Meter Dash Sub Gremlin

Name	Year Team	Seed	Finals	Alternate
1 Sarah Parsons	Los Angeles Falcons		50.85	
2 Raina Yang	Los Angeles Falcons		58.92	
3 Ixtayana Vilchis-Blaney	Los Angeles Falcons		1:04.75	

Girls 800 Meter Run Sub Gremlin

Name	Year Team	Seed	Finals	Alternate
1 Ixtayana Vilchis-Blaney	Los Angeles Falcons		5:55.82	

Girls Long Jump Sub Gremlin

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Raina Yang	Los Angeles Falcons		9-02.00	
2 Sarah Parsons	Los Angeles Falcons		5-11.00	
3 Ixtayana Vilchis-Blaney	Los Angeles Falcons		3-06.00	

Girls 100 Meter Dash Gremlin

Qual Mark: Q 16.98				
Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Charlee DonVito	Los Angeles Falcons		17.87	
2 Lexi Boyd	Los Angeles Falcons		18.16	
3 Ivy Miller	Los Angeles Falcons		18.41	
4 Kaylee Yang	Los Angeles Falcons		19.12	
5 Ella Risso	Los Angeles Falcons		19.51	
6 Kaia Villegas	Los Angeles Falcons		20.84	
Section 2				
1 Allison Curtis	Los Angeles Falcons		18.54	
2 Jade Santelices	Los Angeles Falcons		20.96	
3 Delight Kim	Los Angeles Falcons		21.66	
4 Kameryn Percell	Los Angeles Falcons		21.94	
5 Sophia Steed	Los Angeles Falcons		22.37	
6 Elsie Miller	Los Angeles Falcons		22.84	

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Girls 200 Meter Dash Gremlin**

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Qual Mark: Q 35.68				
Name	Year	Team	Seed	Finals Alternate
=====				
Section 1				
1 Ru Hightower-Rojas		Los Angeles Falcons		57.21
Section 2				
1 Charlee DonVito		Los Angeles Falcons		39.16
2 Ivy Miller		Los Angeles Falcons		43.78
3 Kaylee Yang		Los Angeles Falcons		44.41
4 Ella Risso		Los Angeles Falcons		50.12
5 Elsie Miller		Los Angeles Falcons		55.56
Section 3				
1 Lexi Boyd		Los Angeles Falcons		37.85
2 Allison Curtis		Los Angeles Falcons		42.91
3 Jade Santelices		Los Angeles Falcons		43.63
4 Delight Kim		Los Angeles Falcons		46.98

Girls 400 Meter Dash Gremlin

=====				
Qual Mark: Q 1:25.98				
Name	Year	Team	Seed	Finals Alternate
=====				
Section 1				
1 Sydney Owen		Los Angeles Falcons		1:30.53
2 Ru Hightower-Rojas		Los Angeles Falcons		1:52.69
3 Marissa Arroyo		Los Angeles Falcons		2:11.59

Girls 800 Meter Run Gremlin

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Qual Mark: Q 3:27.98				
Name	Year	Team	Seed	Finals Alternate
=====				
1 Sydney Owen		Los Angeles Falcons		3:23.79Q

Girls Long Jump Gremlin

=====				
Qual Mark: Q 8-11.75				
Name	Year	Team	Seed	Finals Alternate
=====				
Flight 1				
1 Allison Curtis		Los Angeles Falcons		8-01.25
2 Lexi Boyd		Los Angeles Falcons		7-11.00
3 Phoebe Navarro		Los Angeles Falcons		7-10.00
4 Charlee DonVito		Los Angeles Falcons		7-09.00
5 Sydney Owen		Los Angeles Falcons		J7-09.00
6 Kaia Villegas		Los Angeles Falcons		7-06.50
7 Kaylee Yang		Los Angeles Falcons		6-05.00
8 Ella Risso		Los Angeles Falcons		5-11.00
9 Ru Hightower-Rojas		Los Angeles Falcons		5-09.50
10 Delight Kim		Los Angeles Falcons		4-07.75
11 Sophia Steed		Los Angeles Falcons		4-03.25
12 Elsie Miller		Los Angeles Falcons		4-03.00
13 Marissa Arroyo		Los Angeles Falcons		3-09.75
-- Kameryn Percell		Los Angeles Falcons		FOUL
-- Jade Santelices		Los Angeles Falcons		FOUL

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Girls 100 Meter Dash Bantam**

Qual Mark: Q 15.33

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Zoe Shing	Los Angeles Falcons		16.03	
2 Matilda King	Los Angeles Falcons		16.50	
3 Mia Garcia-Trambley	Los Angeles Falcons		17.08	
4 Megan Kim	Los Angeles Falcons		17.40	
5 Samantha Younger	Los Angeles Falcons		17.72	
6 Aura Corona	Los Angeles Falcons		17.97	
7 Zara Groves	Los Angeles Falcons		18.47	
8 Briana Salgado	Los Angeles Falcons		19.18	

Girls 200 Meter Dash Bantam

Qual Mark: Q 32.32

Name	Year Team	Seed	Finals	Alternate
1 Samantha Younger	Los Angeles Falcons		36.72	
2 Zara Groves	Los Angeles Falcons		37.00	
3 Leia Kelly	Los Angeles Falcons		38.40	
4 Megan Kim	Los Angeles Falcons		38.65	
5 Aura Corona	Los Angeles Falcons		38.83	
6 Mia Garcia-Trambley	Los Angeles Falcons		40.53	
7 Briana Salgado	Los Angeles Falcons		43.68	

Girls 400 Meter Dash Bantam

Qual Mark: Q 1:17.55

Name	Year Team	Seed	Finals	Alternate
1 Matilda King	Los Angeles Falcons		1:19.85	
2 Zoe Shing	Los Angeles Falcons		1:21.52	

Girls 800 Meter Run Bantam

Qual Mark: Q 2:55.00

Name	Year Team	Seed	Finals	Alternate
1 Charlotte Hopkins	Los Angeles Falcons		3:02.82	
2 Leia Kelly	Los Angeles Falcons		3:22.00	
3 Ariana Shamo	Los Angeles Falcons		3:24.64	

Girls 1500 Meter Run Bantam

Qual Mark: Q 6:10.30

Name	Year Team	Seed	Finals	Alternate
1 Charlotte Hopkins	Los Angeles Falcons		5:54.37Q	
2 Ariana Shamo	Los Angeles Falcons		6:36.37	

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Girls Long Jump Bantam**

Qual Mark: Q 10-09.50

Name	Year	Team	Seed	Finals	Alternate
Flight 1					
1 Zoe Shing		Los Angeles Falcons		8-10.00	
2 Matilda King		Los Angeles Falcons		7-07.00	
3 Leia Kelly		Los Angeles Falcons		7-04.25	
4 Megan Kim		Los Angeles Falcons		7-02.25	
5 Caroline Pieterse		Los Angeles Falcons		6-07.25	
6 Samantha Younger		Los Angeles Falcons		6-06.50	
7 Aura Corona		Los Angeles Falcons		6-04.00	
8 Briana Salgado		Los Angeles Falcons		3-07.00	

Girls 100 Meter Dash Midget

Qual Mark: Q 14.10

Name	Year	Team	Seed	Finals	Alternate
Section 1					
1 Ixchel Vilchis-Blaney		Los Angeles Falcons		15.60	
2 Gabrielle Liegey		Los Angeles Falcons		16.60	
3 Emily Balian		Los Angeles Falcons		16.82	
4 Chloe Pieterse		Los Angeles Falcons		17.03	
5 Lola Pena		Los Angeles Falcons		17.17	
6 Paola Younger		Los Angeles Falcons		18.06	

Girls 200 Meter Dash Midget

Qual Mark: Q 28.95

Name	Year	Team	Seed	Finals	Alternate
Section 1					
1 Rebecca Demonteverde		Los Angeles Falcons		30.41	
2 Jazlyn Couch		Los Angeles Falcons		33.69	
3 Gabrielle Liegey		Los Angeles Falcons		35.54	
4 Mari Owen		Los Angeles Falcons		36.84	
5 Chloe Pieterse		Los Angeles Falcons		37.34	
Section 2					
1 Ixchel Vilchis-Blaney		Los Angeles Falcons		33.89	
2 Emily Balian		Los Angeles Falcons		35.89	
3 Paola Younger		Los Angeles Falcons		37.21	
4 Lola Pena		Los Angeles Falcons		39.46	

Girls 400 Meter Dash Midget

Qual Mark: Q 1:09.25

Name	Year	Team	Seed	Finals	Alternate
Section 1					
1 Rebecca Demonteverde		Los Angeles Falcons		1:10.51	
2 Amber Lopez		Los Angeles Falcons		1:14.71	
3 Tenaya Figueroa		Los Angeles Falcons		1:18.72	
4 Mari Owen		Los Angeles Falcons		1:24.84	

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Girls 800 Meter Run Midget**

Qual Mark: Q 2:48.28

Name	Year Team	Seed	Finals	Alternate
1 Tenaya Figueroa	Los Angeles Falcons		3:04.41	
2 Amber Lopez	Los Angeles Falcons		3:08.91	

Girls 1500 Meter Run Midget

Qual Mark: Q 5:40.40

Name	Year Team	Seed	Finals	Alternate
1 Chloe Garcia-Duong	Los Angeles Falcons		6:25.03	

Girls High Jump Midget

Qual Mark: Q 4-01

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Ixchel Vilchis-Blaney	Los Angeles Falcons		3-10.00	
2 Mari Owen	Los Angeles Falcons		3-08.00	

Girls Long Jump Midget

Qual Mark: Q 12-03

Name	Year Team	Seed	Finals	Alternate
1 Mari Owen	Los Angeles Falcons		10-05.00	
2 Gabrielle Liegey	Los Angeles Falcons		9-05.00	
3 Chloe Pieterse	Los Angeles Falcons		8-01.50	

Girls 100 Meter Dash Youth

Qual Mark: Q 13.60

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Joanna Gropper	Los Angeles Falcons		14.41	
2 Nadine Tang	Los Angeles Falcons		14.74	
3 Maya Christov	Los Angeles Falcons		15.23	
4 Sofia Vasquez	Los Angeles Falcons		15.63	
5 Kate Saeva	Los Angeles Falcons		17.31	

Girls 200 Meter Dash Youth

Qual Mark: Q 28.30

Name	Year Team	Seed	Finals	Alternate
1 Joanna Gropper	Los Angeles Falcons		31.28	
2 Nadine Tang	Los Angeles Falcons		31.67	
3 Sofia Vasquez	Los Angeles Falcons		33.24	
4 Kate Saeva	Los Angeles Falcons		37.67	

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Girls Long Jump Youth**

Qual Mark: Q 14-01

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Kate Saeva	Los Angeles Falcons		8-05.75	

Girls 200 Meter Dash Intermediate

Qual Mark: Q 30.80

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Jaylynn Wilia	Los Angeles Falcons		33.03	

Boys 100 Meter Dash Sub Gremlin

Name	Year Team	Seed	Finals	Alternate
1 Camden McBean	Los Angeles Falcons		21.22	
2 Arthur McDowell	Los Angeles Falcons		21.47	
3 Daven Fuentes	Los Angeles Falcons		22.08	

Boys Long Jump Sub Gremlin

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Arthur McDowell	Los Angeles Falcons		4-07.00	
2 Daven Fuentes	Los Angeles Falcons		2-10.50	

Boys 100 Meter Dash Gremlin

Qual Mark: Q 15.92

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Anthony Christov	Los Angeles Falcons		17.30	
2 Cooper Flores	Los Angeles Falcons		17.69	
3 Sebastian Shamo	Los Angeles Falcons		17.94	
4 Ben Arnold	Los Angeles Falcons		19.94	
5 Matthew Fredricks	Los Angeles Falcons		20.26	
6 Axl Slavin	Los Angeles Falcons		20.66	
7 Clayton Argo	Los Angeles Falcons		22.26	
8 Emmett Matulac	Los Angeles Falcons		22.59	

Boys 200 Meter Dash Gremlin

Qual Mark: Q 34.05

Name	Year Team	Seed	Finals	Alternate
1 Ben Arnold	Los Angeles Falcons		44.28	
2 Clayton Argo	Los Angeles Falcons		50.32	
Section 2				
1 Cooper Flores	Los Angeles Falcons		43.50	
2 Sebastian Shamo	Los Angeles Falcons		44.28	

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****....Boys 200 Meter Dash Gremlin**

3 Matthew Fredricks	Los Angeles Falcons	47.06
4 Emmett Matulac	Los Angeles Falcons	55.21

Boys 400 Meter Dash Gremlin

Qual Mark: Q 1:19.13

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Matthew Fredricks	Los Angeles Falcons		1:35.65	
2 Sebastian Shamo	Los Angeles Falcons		1:36.97	
3 Ben Arnold	Los Angeles Falcons		1:37.69	
4 Axl Slavin	Los Angeles Falcons		1:43.42	
5 Daven Fuentes	Los Angeles Falcons		1:45.56	
6 Arthur McDowell	Los Angeles Falcons		1:53.79	
7 Clayton Argo	Los Angeles Falcons		2:01.30	

Boys Long Jump Gremlin

Qual Mark: Q 9-09

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Anthony Christov	Los Angeles Falcons		8-02.25	
2 Cooper Flores	Los Angeles Falcons		7-00.50	
3 Axl Slavin	Los Angeles Falcons		5-08.75	

Boys 100 Meter Dash Bantam

Qual Mark: Q 14.47

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Titus Gibson	Los Angeles Falcons		15.81	
2 Shepherd McLaughlin	Los Angeles Falcons		16.91	
3 Joshua Petersen	Los Angeles Falcons		17.16	
4 Julian Flores	Los Angeles Falcons		17.66	
5 Brett Midgley	Los Angeles Falcons		18.01	
6 Peter Brahos	Los Angeles Falcons		18.23	
7 Dixon Womack	Los Angeles Falcons		18.44	
Section 2				
1 Zachary Midgley	Los Angeles Falcons		16.53	
2 Ethan Pritchett	Los Angeles Falcons		17.18	
3 Adrian Santana	Los Angeles Falcons		17.75	
4 Nayel Hightower-Rojas	Los Angeles Falcons		19.08	
5 Robbie Arnold	Los Angeles Falcons		21.53	
Section 3				
1 Hector Meneu-Hueso	Los Angeles Falcons		16.97	
2 Kip Kagelmacher	Los Angeles Falcons		17.54	
3 Donovan Da Silva	Los Angeles Falcons		21.01	
4 Wyatt Martin	Los Angeles Falcons		29.44	

Falcons Practice Meet - 3/10/2018
Crescenta Valley High School
Results

Boys 200 Meter Dash Bantam

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Qual Mark: Q 30.20				
Name	Year	Team	Seed	Finals Alternate
=====				
Section 1				
1		Shepherd McLaughlin	Los Angeles Falcons	38.00
2		Joshua Petersen	Los Angeles Falcons	39.78
3		Zachary Midgley	Los Angeles Falcons	39.90
4		Dixon Womack	Los Angeles Falcons	40.00
5		Julian Flores	Los Angeles Falcons	40.08
Section 2				
1		Adrian Santana	Los Angeles Falcons	37.41
2		Peter Brahos	Los Angeles Falcons	38.91
3		Nayel Hightower-Rojas	Los Angeles Falcons	39.69
4		Ethan Pritchett	Los Angeles Falcons	39.87
5		Robbie Arnold	Los Angeles Falcons	51.22

Boys 400 Meter Dash Bantam

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Qual Mark: Q 1:08.25				
Name	Year	Team	Seed	Finals Alternate
=====				
Section 1				
1		Brett Midgley	Los Angeles Falcons	1:38.16
2		Donovan Da Silva	Los Angeles Falcons	1:45.81
3		Robbie Arnold	Los Angeles Falcons	1:55.28

Boys 800 Meter Run Bantam

=====				
Qual Mark: Q 2:48.00				
Name	Year	Team	Seed	Finals Alternate
=====				
1		Stephen Fredricks	Los Angeles Falcons	3:26.56
2		Ace Slavin	Los Angeles Falcons	3:28.00

Boys 1500 Meter Run Bantam

=====				
Qual Mark: Q 5:44.10				
Name	Year	Team	Seed	Finals Alternate
=====				
1		Eric Metcalf	Los Angeles Falcons	6:02.53
2		Stephen Fredricks	Los Angeles Falcons	6:40.69
3		Ace Slavin	Los Angeles Falcons	6:46.26

Boys High Jump Bantam

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Qual Mark: Q 3-08				
Name	Year	Team	Seed	Finals Alternate
=====				
Flight 1				
--		Hector Meneu-Hueso	Los Angeles Falcons	NH

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Boys Long Jump Bantam**

Qual Mark: Q 12-06				
Name	Year	Team	Seed	Finals Alternate
1 Titus Gibson		Los Angeles Falcons		10-11.75
2 Joshua Petersen		Los Angeles Falcons		9-09.00
3 Brett Midgley		Los Angeles Falcons		9-02.00
4 Dixon Womack		Los Angeles Falcons		8-04.50
5 Kip Kagelmacher		Los Angeles Falcons		8-04.00
6 Ethan Pritchett		Los Angeles Falcons		8-00.50
7 Peter Brahos		Los Angeles Falcons		7-03.25
8 Nayel Hightower-Rojas		Los Angeles Falcons		6-06.50
9 Adrian Santana		Los Angeles Falcons		6-05.25
10 Donovan Da Silva		Los Angeles Falcons		4-04.25
11 Wyatt Martin		Los Angeles Falcons		3-08.25

Boys 100 Meter Dash Midget

Qual Mark: Q 13.60				
Name	Year	Team	Seed	Finals Alternate
Section 1				
1 Desi Valdes		Los Angeles Falcons		14.23
2 Elijah Redson		Los Angeles Falcons		15.60
3 Nicholas Gharibian		Los Angeles Falcons		16.48
4 Charlie Womack		Los Angeles Falcons		18.45
Section 2				
1 Gavin LaBorde		Los Angeles Falcons		14.56
2 Jacob Wilia		Los Angeles Falcons		15.85
3 Sawyer Collard		Los Angeles Falcons		16.82
4 Liam Wilbur		Los Angeles Falcons		17.82
5 Aidan Waldron		Los Angeles Falcons		18.17

Boys 200 Meter Dash Midget

Qual Mark: Q 27.94				
Name	Year	Team	Seed	Finals Alternate
Section 1				
1 Gavin LaBorde		Los Angeles Falcons		29.53
2 Desi Valdes		Los Angeles Falcons		29.76
3 Sawyer Collard		Los Angeles Falcons		36.86
4 Liam Wilbur		Los Angeles Falcons		37.82
5 Aidan Waldron		Los Angeles Falcons		39.64
Section 2				
1 Bodi Ligons		Los Angeles Falcons		29.11
2 Elijah Redson		Los Angeles Falcons		32.83
3 Nicholas Gharibian		Los Angeles Falcons		37.00
4 Charlie Womack		Los Angeles Falcons		41.58

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Boys 400 Meter Dash Midget**

Qual Mark: Q 1:04.75

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Bodi Ligons	Los Angeles Falcons		1:07.00	
2 Jacob Wilia	Los Angeles Falcons		1:12.32	
3 Elijah Bursch	Los Angeles Falcons		1:29.82	

Boys 800 Meter Run Midget

Qual Mark: Q 2:38.40

Name	Year Team	Seed	Finals	Alternate
1 Hunter Lopez	Los Angeles Falcons		3:22.09	

Boys 1500 Meter Run Midget

Qual Mark: Q 5:22.00

Name	Year Team	Seed	Finals	Alternate
1 Hunter Lopez	Los Angeles Falcons		6:30.01	

Boys High Jump Midget

Qual Mark: Q 4-04

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Bodi Ligons	Los Angeles Falcons		4-04.00Q	
2 Jacob Wilia	Los Angeles Falcons		J4-04.00Q	
-- Elijah Bursch	Los Angeles Falcons		NH	

Boys Long Jump Midget

Qual Mark: Q 13-09

Name	Year Team	Seed	Finals	Alternate
1 Elijah Bursch	Los Angeles Falcons		9-04.50	
2 Aidan Waldron	Los Angeles Falcons		5-00.75	
-- Charlie Womack	Los Angeles Falcons		FOUL	

Boys 100 Meter Dash Youth

Qual Mark: Q 12.50

Name	Year Team	Seed	Finals	Alternate
Section 1				
1 Ahcuxtal Vilchis-Blaney	Los Angeles Falcons		13.83	
2 Calix Jamerson	Los Angeles Falcons		14.25	
3 Preston Midgley	Los Angeles Falcons		15.90	
4 Ian Estrada	Los Angeles Falcons		18.11	
5 Michael Balian	Los Angeles Falcons		18.40	

Falcons Practice Meet - 3/10/2018**Crescenta Valley High School****Results****Boys 200 Meter Dash Youth**

Qual Mark: Q 25.85

Name	Year Team	Seed	Finals	Alternate
1 Ahcuxtal Vilchis-Blaney	Los Angeles Falcons		28.66	
2 Calix Jamerson	Los Angeles Falcons		29.91	
3 Preston Midgley	Los Angeles Falcons		34.20	

Boys 400 Meter Dash Youth

Qual Mark: Q 58.80

Name	Year Team	Seed	Finals	Alternate
1 Evangel Hightower-Rojas	Los Angeles Falcons		1:12.04	

Boys 800 Meter Run Youth

Qual Mark: Q 2:25.70

Name	Year Team	Seed	Finals	Alternate
1 Ryan Armijo	Los Angeles Falcons		2:23.66Q	
2 Rowan FitzGerald	Los Angeles Falcons		2:26.56	
3 Evangel Hightower-Rojas	Los Angeles Falcons		2:54.88	

Boys 1500 Meter Run Youth

Qual Mark: Q 4:43.20

Name	Year Team	Seed	Finals	Alternate
1 Bryce Bitetti	Los Angeles Falcons		5:22.19	

Boys Long Jump Youth

Qual Mark: Q 15-11

Name	Year Team	Seed	Finals	Alternate
Flight 1				
1 Preston Midgley	Los Angeles Falcons		11-01.00	
2 Ian Estrada	Los Angeles Falcons		7-11.25	

Boys Shot Put 4 kg. Youth

Qual Mark: Q 30-06

Name	Year Team	Seed	Finals	Alternate
1 Ahcuxtal Vilchis-Blaney	Los Angeles Falcons		27-02.00	
2 Michael Balian	Los Angeles Falcons		26-10.00	